

Unstoppable Girls Foundation

800-287-1957

1360 Clifton Ave., Suite 155 Clifton, NJ 07012



Be FEARLESS. Be BEAUTIFUL. Be YOU.

Our Vision

Imagine a world where all girls and young women are Unstoppable! Image a world without bullies. Image a world where girls and young women are confident, healthy, safe, courageous and positioned to be the next generation of leaders.

Our Mission

The mission of Unstoppable Girls Foundation is to increase the self-esteem and self-worth of girls, ages 11-21, through a holistic approach to education, empowerment and career development programs. We are also committed to providing girls with resources to help them understand the dangers of bullying and resist harmful media images so they can feel good about themselves, make healthy choices and reach their fullest potential.

Who We Are

Unstoppable Girls Foundation is a 501(c)3 nonprofit organization which provides self-esteem, body image, bully prevention, health, leadership, social media and career development to ensure that girls are prepared for personal and professional success. Unstoppable Girls promotes holistic values to help girls and young women deepen their inner level of self-discovery and acceptance.

The core of our work is affirming that our girls are smart, unique, respectful, creative, beautiful, fearless and comfortable in their own skin. When girls are inspired & educated, they are Unstoppable!

What We Do

Unstoppable Girls provides educational and empowerment programs, workshops, assemblies and an annual Summer Retreat at Rutgers University for girls, ages 11-21. The nonprofit organization is dedicated to eradicating bullying among girls and low self-esteem.

Unstoppable Girls also partners with school districts and colleges. We outreach to girls and young women through programs which explore:

- Bully Prevention
- Health & Wellness
- Depression
- Media Literacy
- Cyberbullying
- Financial Literacy
- Teen Dating & Violence Prevention

Unstoppable Girls is committed to ensuring that girls and young women have access to positive role models and female leaders from all walks of life.



unstoppablegirlsfoundation.org

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More than half of young women are bullied because of the way they look.



75% of girls with low self-esteem engage in negative activity.



A girl is bullied every 7 minutes.

1 in 4 girls will not graduate from high school.



1 in 4 girls has been verbally attacked.

7 in 10 girls believe they are not good enough.



92% of teen girls would like to change something about themselves.

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